



DINGWALL ACTIVE SCHOOLS & COMMUNITY SPORT HUB



INVITE YOU TO TAKE PART IN A 10 YEAR CELEBRATION OF ACTIVE SCHOOLS.....

‘EASTER TRIATHLON’ - 29TH MARCH 2015 – 12pm
At Dingwall Leisure Centre & Academy

WHETHER YOU ARE AN EXPERIENCED TRIATHLON PARTICIPANT OR YOU WANT TO TRY SOMETHING NEW, THIS IS THE EVENT FOR YOU.



COMPETITION STRUCTURE....			
	SWIM	BIKE	RUN
9 - 10 yrs	150 mtrs	2000 mtrs	1200 mtrs
11 - 12 yrs	200 mtrs	4000 mtrs	1800 mtrs
13 - 14 yrs	300 mtrs	6000 mtrs	2400 mtrs

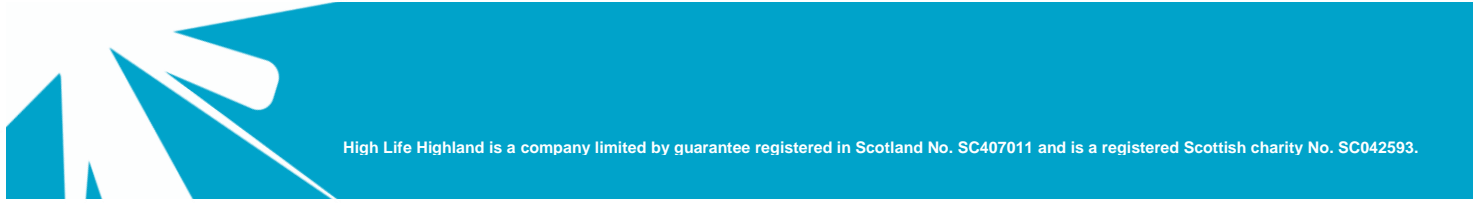
There are only 24 places available per age group!!

This event is run in association with your local clubs:

Dingwall Amateur Swim Club – Ben Wyvis Cycle Club & Ross County Athletics Club

IF SPACES ARE AVAILABLE YOU CAN ALSO REGISTER AT THE SPRING FAYRE ON SATURDAY 28TH MARCH. LOOK OUT FOR THE COMMUNITY SPORTS HUB STALL TO DO THIS.

To Book: COMPLETE THE CONSENT FORM OVERLEAF AND SEND IT TO WILMA KELT, ACTIVE SCHOOLS, DINGWALL PRIMARY SCHOOL, ROSS AVENUE, DINGWALL. IV15 9UU. 07825522451.
Wilma.kelt@highlifehighland.com
 Closing Date 25th March 2015





BOOKING AND CONSENT FORM

AGE CATEGORY ENTERED: 9 – 10; 11 – 12; 13 – 14 (Please circle)

Entrants Name:.....**Date of Birth**.....

Address:

.....**Tel. No:**.....

Parent/Guardian's Name and Tel. No:.....

.....**Email:**.....

Emergency Contact Name and Tel. No:.....

Any medical details we should know about to keep your child safe:.....

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Do you agree to photographs/ video's being taken whilst your child is taking part and possibly used for social media puposes. Yes No (Please circle)

I consent to my child taking part in the activity overleaf and agree for all personal information I have entered to be used for these purpose(s) as per the following data protection statement:

Data Protection – the information you have supplied will be used for the purpose(s)

for which you have provided it. High Life Highland will also use it to plan improvements and to meet our obligations in delivering services on behalf of The Highland Council. This data will be maintained in accordance with the Data Protection Act 1998 and will not be passed on or sold to any other organisation without your prior approval, unless there is a legal requirement to do so.

High Life Highland would like to send you information about our own products and services and the benefits of being a High Life member by post, telephone, email and SMS. If you agree to being contacted in this way, please tick the relevant boxes.

Post Phone Email SMS

Declaration: I agree to the use of my personal data as detailed above.

Signature.....**Date**.....

